Amended by Dan Barnett with consultation with Richard Eales and John Harcombe - March 2024

Event: Exmoor Canoe Club - Blaze the Barle, Juniors on Adult Race 2024		**Location: Barle - between Marsh Bridge to Exebridge Pumping Station**
Background: Normally an adults' team-race, with teams of 3 competing independently. In the past Juniors have been allowed to compete in adult teams if they are known to be capable and competent in whitewater conditions and water level is appropriate.		
Possible accident or harmful event	**Control measures**	**Any extra controls considered necessary on the day**
General precautions	Adult team members and race officials to carry mobile phones with EE provider. Juniors must be competent paddlers and be placed in 'strong' team, with at least one of Moderate Water Leader ability in that team. Junior paddler to be assessed for competency of that stretch of river, to have run that stretch of river at least twice without issues and be competent with appropriate paddle skills and wet exits with spray deck, based upon previous knowledge of trip leaders. Other team members (of the Junior paddlers team) to be experienced and knowledgeable of this section of the Barle. Leaders to carry 1st aid kit, extra warm clothing, group shelter and preferably spare paddles. Ensure boats sound and fitted with buoyancy. Check boat set-up and condition at registration. Safety Briefing and confirmation of competitor happy with conditions as Marsh Bridge get-in.	

Drowning	All competitors (children and adults) to wear Buoyancy Aids. All children to wear spray decks Any laces on trainers must be tucked inside. Check laces, helmets, BAs and any other entanglement risks before children get in boats.	
Head or face injury	All competitors (children and adults) to wear helmets. Advise children on safe 'swim' position. Check helmets before children get in boats.	
Cuts	Advise children on safe routes, access points to avoid brambles etc. All children to wear wetsuit boots or old trainers. At least one outdoor first aider to be present amongst the competitors. Bring 1st aid kit including latex or similar gloves and waterproof tape for covering hand wounds.	
Dislocations	Advise children on safe arm position - hands in front of shoulders. At least one Outdoor First Aider to be present in competitors.	
Hypothermia	Advise competitors and bank-side race officials to wear appropriate clothing at Registration, include wetsuit and/or dry cag/suit, with thermal underlayers. Dry cags can be provided.	

	Assess weather on the day, shelter to be provided at end of race if heavy rain or sleet/snow. At least one team member to carry emergency equipment (of extra warm clothing and shelter/shell clothing).	
Entrapments - esp. Trees and rocks	Race Director to check course for trees before registration for trees. Adults in Junior's team to be experienced in White Water Safety and Rescue. Briefing to include advice on how competitors avoid trees and explain why. Advise competitors on how to deal with rocks.	
Recirculation in a feature	Adults in Junior's team to be qualified and experienced in White Water Safety and Rescue. Adults to have excellent knowledge and experience of running the Barle along with its holding features. Salmon Steps (Beasley Weir) should be treated with extra caution. Running the reconstructed weirs is acceptable for competent junior paddlers at normal river levels, but should be done with adult running it first, followed by junior, then adult and not at same time as another team. The water levels will be assessed by the Race Director and club senior coaches and if it is deemed that the water level is too high to be unsafe for the junior or other less experienced adults then the Salmon Steps will be a compulsory Timed-out feature (that is, the race time will be stopped at the top of the weir and started again once everyone has got to the bottom of the weir (either by running it slowly or portaging).	

Medical emergency	Parents/guardians asked to advise of medical conditions at Registration and provide any portable medicine along with instructions for use.	
Emergency procedures - for getting kids off early in case of cold, exhaustion or any other serious issue	Emergency contact details for parents/guardians to be collected at Registration. River should be assessed for potential emergency or early get offs. Parents or other drivers should meet us at each potential get off if possible - in case a child is cold, tired or for some other reason needs to get off early.	
Safeguarding	No junior will be alone with a coach, if mixed sex juniors coaches should be both male and female, and coaches should be DBS checked.	